## GET BACK TO WHAT YOU LOVE



## **FREE ONLINE HEALTH LECTURE** Treating chronic pain with mind body medicine

When Thursday, April 23, from 7 to 8 p.m.

Where Watch online. You'll get the link once you register.

## ALSO, LEARN HOW THIS TREATMENT OPTION CAN HELP REDUCE OPIOID USE AND PREVENT ADDICTION

Mind body medicine has been growing in popularity for the treatment of many types of chronic pain that haven't responded to traditional medical therapies — chronic back, neck or pelvic pain, fibromyalgia, nerve damage and migraines, to name a few.

Hear Bradley Fanestil, MD, describe how mind body medicine can empower you with tools to help eliminate or significantly alleviate your chronic pain. He'll then explain how this form of medicine can reduce opioid use and prevent addiction.

## **REGISTRATION REQUIRED AT:** bchlectures.org/chronicpain



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