# FREE TO LIVE YOUR LIFE AGAIN

## FREE HEALTH LECTURE

# Latest treatments for a leaky bladder

**When** Wednesday, Sept. 26, from 7 to 8 p.m.
**Where** The Gatehouse at Lionsgate Event Center • 1055 South 112th St. (Hwy 287) in Lafayette

### ALSO LEARN ABOUT RELIEF FROM PROLAPSE AND PELVIC FLOOR PROBLEMS

It doesn't take much to trigger a leaky bladder — simply exercising, sneezing, laughing or coughing can cause embarrassing urine leakage. This condition, called stress incontinence, is all too common and can strike at any age.

In fit young women, weakened pelvic floor muscles are often the culprit. For postmenopausal women, pelvic organ prolapse — a condition linked to childbirth — can be the cause.

Come hear gynecologist Dr. Jeremiah McNamara describe new and effective treatments for these frustrating and uncomfortable conditions, including non-surgical and surgical options.

**RESERVATIONS REQUIRED:**
**bchlectures.org/womenshealth • 303-415-4212**

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