

## FREE HEALTH LECTURE

# Relieving Arthritis Knee Pain



By the time we're 50, our knees have carried us more than 75,000 miles. Most of us don't give our knees a second thought — until degenerative arthritis, or wear-and-tear arthritis, takes its painful toll and threatens to end our active lifestyle. Luckily, effective treatments are available.

Our speaker is Dr. Michael Wertz, who has more than 20 years experience in successfully treating knee problems. He'll describe the newest non-surgical and surgical approaches for relieving the pain of degenerative knee arthritis, including personalized knee replacement implants.

**When** Thursday, Sept. 22, from 7 to 8 p.m.

**Where** Plaza Conference Center, 1850 Industrial Circle, Longmont  
(located behind the Best Western Plaza Hotel)

### **Reservations required:**

[bchlectures.org/kneepain](http://bchlectures.org/kneepain) • 303-415-4212



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