

**FREE HEALTH LECTURE**

# Relieving chronic back and leg pain



## **SYMPTOMS CAN SIGNAL A SERIOUS SPINAL PROBLEM**

You know the feeling—the bursts of back or leg pain while doing something as simple as walking or bending over. Time, injuries and bad habits can take a toll and sometimes cause serious spine-related disorders. Luckily, recent treatment advances offer new options for easing the pain.

Come hear an experienced neurosurgeon describe the causes and symptoms of common spinal problems such as spinal stenosis and fractures. Then learn about the newest non-surgical and surgical treatment options.

**Speaker** Kara Beasley, DO, with Boulder Neurosurgical & Spine Associates

**When** Monday, April 20, from 7 to 8 p.m.

**Where** Congregation Har HaShem, 3950 Baseline Rd., Boulder

**Reservations required:**

[bchlectures.org/spineproblems](http://bchlectures.org/spineproblems) • 303-441-0580

