



FREE HEALTH LECTURE

Is that pain in your leg muscles serious?

ARTERY DISEASE RAISES RISK FOR HEART ATTACK, STROKE

It can strike while you're walking or climbing stairs—painful cramping in your calf, thigh or buttock. You stop for a few moments, and the pain goes away. Those symptoms could indicate a serious condition called Peripheral Arterial Disease (P.A.D.). It develops when your leg arteries become clogged with fatty plaque. P.A.D. is a warning that arteries in your heart and brain might also be clogged, increasing your risk of a heart attack or stroke.

Speaker John R. McNeil, MD, of Boulder Heart

When Thursday, March 19, from 7 to 8 p.m.

Where Boulder Marriott, 2660 Canyon Blvd., Boulder

Reservations required: bchlectures.org/PAD • 303-441-0580

BONUS

HEARTSCAN GIVEAWAY AT EVENT

One lucky attendee will win a free HeartScan—a safe, painless and fast method for predicting future heart problems.

 Boulder Community Health