

FREE HEALTH LECTURE

Hidden causes of depression

While depression is a serious medical condition in and of itself, it also can be a symptom of a different underlying problem. Ailments that can cause or contribute to depression include thyroid disease, anemia, changing hormone levels and heart disease. Certain medications also play a role in depression. Luckily, successfully treating or identifying the underlying cause can often improve your mood.

Join board-certified family physician Gary Grasmick, MD, of Northwest Family Medicine as he describes health conditions and medications that commonly trigger depression.

TWO CHANCES TO HEAR THIS FREE LECTURE:

MONDAY, NOV. 12, IN BROOMFIELD

Time 7 to 8 p.m.

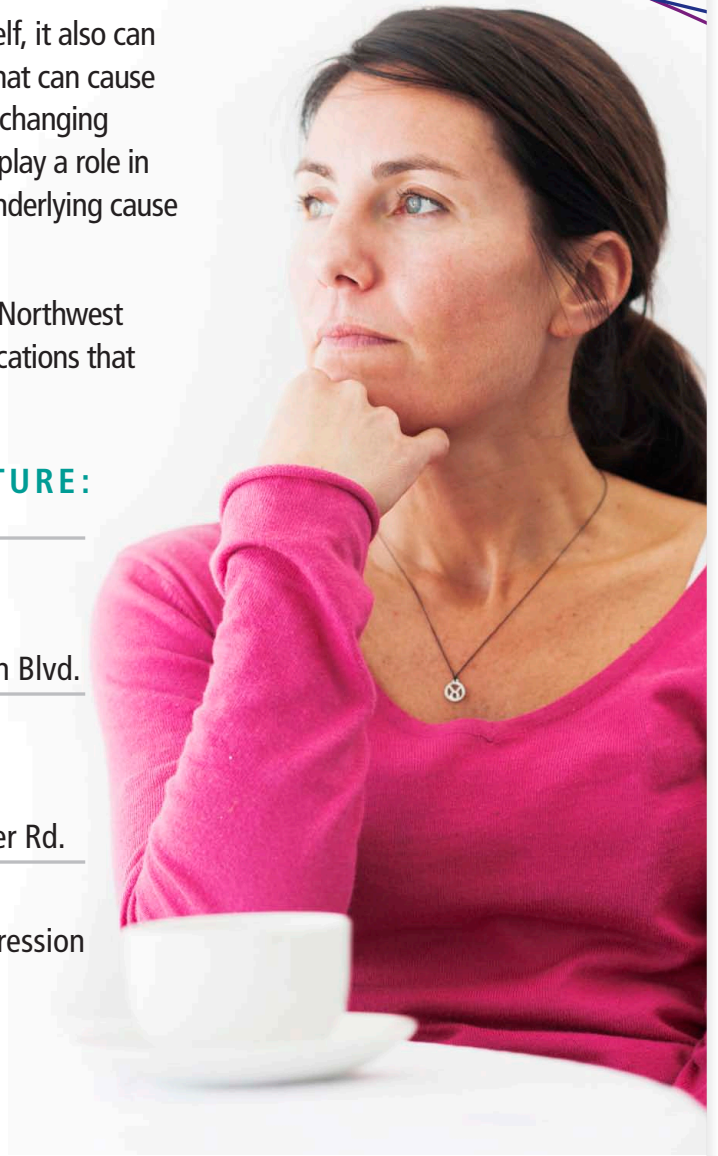
Where Omni Interlocken Spa & Resort, 500 Interlocken Blvd.

FRIDAY, NOV. 16, IN BOULDER

Time 11 a.m. to noon

Where Boulder Valley Christian Church, 7100 S Boulder Rd.

RSVP **Reservations required for both lectures.**
Call 303-441-0580 or visit bchlectures.org/depression



Boulder Community Hospital

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bch.org